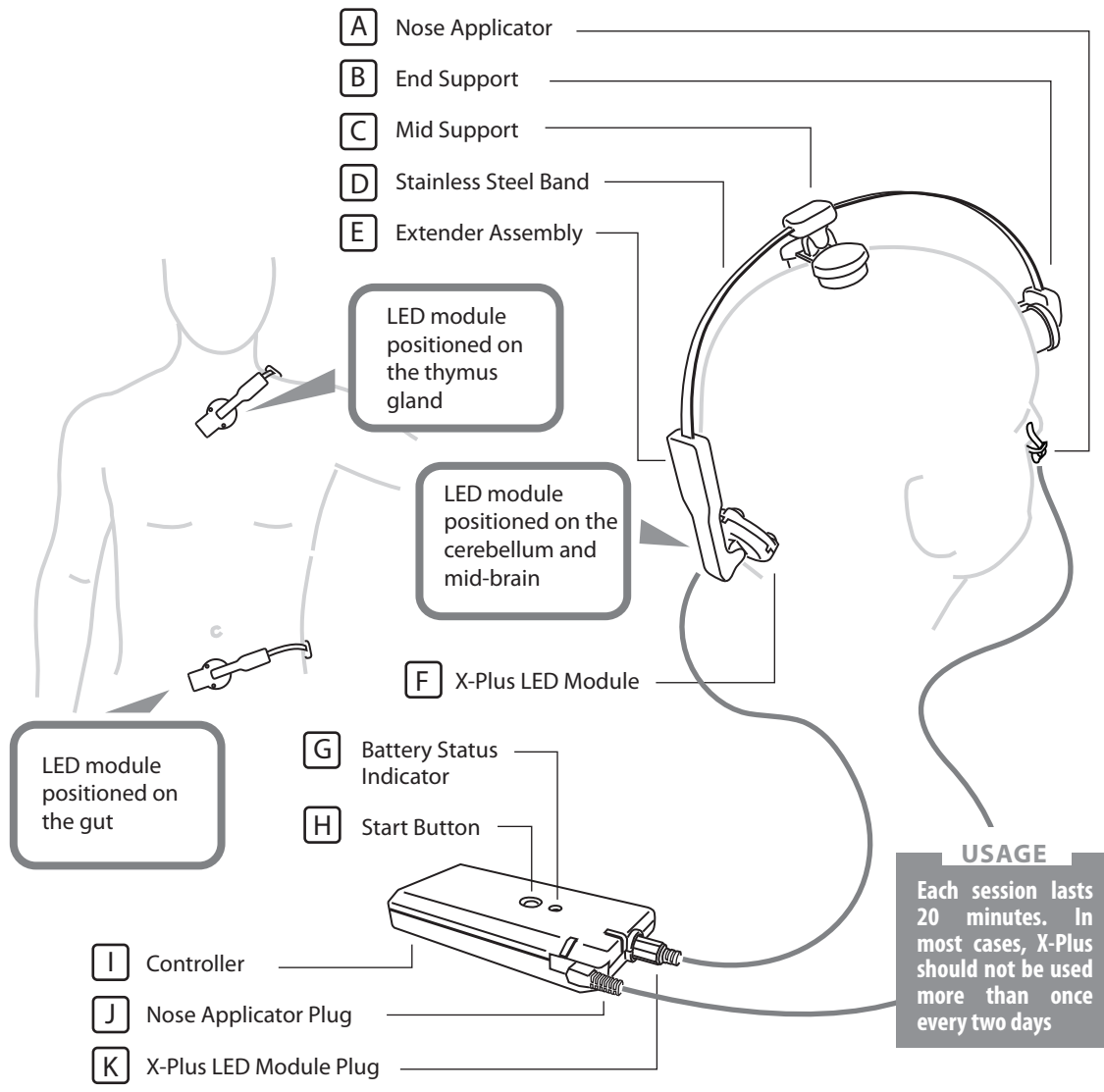


**OPERATING INSTRUCTIONS**



**USAGE**  
 Each session lasts 20 minutes. In most cases, X-Plus should not be used more than once every two days

- 1** Position the X-Plus as shown in the diagram. Ensure that the X-Plus applicator [F] is facing the back of the head or on the chest as shown in the drawings. The device can be used to suite different head or body size by pulling or pushing the extender assembly [E]. The end and mid supports [B, C] can slide for optimal positioning.
- 2** Insert the nose applicator [A] into either the right or the left nostril with the clip on the outside and the lens in the nostril.
- 3** Insert the X-Plus LED module plug [K] and the nose applicator plug [J] into the controller as shown in the diagram.
- 4** Press the start button [H] to begin treatment. It switches off automatically after 20 minutes.